Fixed Income: A Total Portfolio Perspective

An efficient fixed income strategy should reduce the risk of the overall investment portfolio without sacrificing returns. As part of a balanced portfolio, fixed income can play an important role in reducing portfolio volatility and stabilizing the total portfolio in periods of equity stress.

The track record of the FTSE TMX Universe Bond Index fulfilling this role is highlighted by the negative correlation with global equity markets in Figure 1.

Interestingly, global income sectors that lack this diversification benefit and instead show a positive correlation with equities — such as global credit, emerging market and high yield debt — have seen growing interest in order to increase expected returns.

The underlying risks of credit strategies manifest precisely when defensive fixed income is needed most. For instance, as shown in Figure 2, balanced portfolios with 40% allocated to global income fell 22.5% in 2008 versus the 13% drop witnessed by those invested in the FTSE TMX Universe Bond Index.

In our view, measuring the incremental expected returns offered by global income (“credit”) sectors against the reduced diversification benefits requires analysis of historical pricing levels and the current phase of the business cycle.

For example, high yield bonds appear expensive relative to history when subtracting the investment grade spread from the high yield spread (see Figure 3). The spread difference isolates the incremental compensation for taking on credit risk that is below investment grade and has recently compressed to pre-financial crisis levels.
Determining where we are in the economic cycle provides a more nuanced view on credit positioning (see Figure 4). Credit exposures historically outperform government bonds when economic activity troughs in the late recession after corporate bonds sell-off and when the premium (or spread) provided is high. This outperformance typically continues through the mid-to-late phase of the cycle as spreads continue to contract. However, credit has shown less attractive attributes during the pre-recession phase of the cycle, which is characterized by waning economic growth as a result of tightening monetary policy. Credit tends to lead the economic cycle and sell-off in this stage, which is usually right before an actual recession.

Empirical analysis of economic and financial metrics indicate that we are likely in the mid-to-late phase of the economic cycle, suggesting an overweight credit bias from a fundamental perspective. However, we recognize that as the business cycle matures so will our bias towards credit.

A manager’s ability to tactically underweight credit as the cycle rolls over is vital considering that equities also typically show outsized losses during the pre-recession phase of the economic cycle. Credit also tends to exhibit a correlation creep to equities in periods of equity losses, depicted by the down beta measurements in Figure 5.

The degree to which Canadian fixed income managers are prepared to defend against these risks without sacrificing returns can be assessed through median manager historical return analysis sourced through eVestment. Figure 6 represents the historical median active returns for Core and Core Plus fixed income strategies and indicates that fixed income managers have generally been successful at adding value. What is interesting to note is periods of underperformance tend to correlate with recessions or stressed equity markets. As a result, active management may be fulfilling its role in value add but not necessarily stabilizing the risk of the total portfolio.

Considering the “equity-like” risks of credit highlighted in Figures 1, 2 and 5, it is prudent to determine if managers are increasing returns at the expense of total portfolio diversification. In Figure 7, we regressed the relative performance of Canadian Core Plus fixed income managers against the relative performance of high yield bonds and discovered a correlation of 0.83.
This elevated correlation indicates relative performance of Canadian Core Plus managers is significantly dependent on strong credit and equity markets. Although this is not a holdings based analysis, it does imply that managers are extremely reliant on credit risks for active returns. This marginalizes the diversification benefit of the fixed income strategy given high yield’s equity-like performance characteristics.

Core fixed income managers are typically prohibited from investing in high yield and we would expect a significantly lower correlation to credit risk and, therefore, equity. However, the regression analysis in Figure 8 indicates that the median Canadian Core fixed income manager’s relative performance has a 0.78 positive correlation with high yield relative performance.

For both Core and Core Plus strategies, the correlation is considerably and consistently positive over the past 20 years and indicates that managers were either long, or very long, credit risk in their portfolio. This implies that while credit exposures may be reduced, Canadian fixed income managers tend to maintain a structural overweight to credit risk and are susceptible to not fulfilling the role of a defensive anchor.

We believe that a prudent approach to fixed income active management is one that will harvest credit premiums when they are available, while also reducing credit exposures when spreads are tight and the economic cycle nears its end. This balance can allow for a portfolio that both seeks to add value above benchmarks while preserving the stabilization of portfolio risks.

In summary;

- We determined an efficient fixed income portfolio is one that can potentially reduce the risk of the overall portfolio without sacrificing returns.
- We highlighted how fixed income managers can fulfill this role through the added use of credit but must be willing to tactically overweight or underweight the sector given historical pricing levels and the current stage of the economic cycle.
- We illustrated that Canadian Core and Core Plus fixed income managers appear to be structurally overweight credit risk and are undermining the need for a defensive strategy within the overall portfolio as a result.
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1 As at Sept 30, 2018.